

Sunday School Lesson: Jesus Is Real and True

Age: 3-6 years old

Length: 25-35 minutes

Main truth: Jesus is not pretend; He really came, really lived, and God tells us the truth about Him.

Memory verse: "For we have not followed cunningly devised fables" - 2 Peter 1:16, KJV

Teacher's Big Idea

This essay has adult-level details, but for ages 3-6 the main lesson should focus on this simple truth: Jesus is real, and God has given us true words about Him. Christianity is not a pretend story floating in the air. Jesus came into the real world, lived among real people, died on a real cross, and is the real Savior. Children should come away trusting that the Bible tells the truth and that Jesus is worthy of worship, prayer, and faith.

Supplies

- A Bible
- A family photo or classroom photo
- A simple map, globe, or picture of a road
- Toy blocks
- A paper crown
- Coloring supplies
- One printed take-home page or craft sheet

Opening Question

Ask: "Can you tell me about someone real that you know?"

Let children answer with names like Mommy, Daddy, Grandma, a friend, or a teacher. Then say: "We know real people. Today we will learn that Jesus is real too. Jesus is not pretend. Jesus really came, and God tells us the truth about Him in the Bible."

Bible Time

Hold up the Bible and say: "The Bible is God's true Word. It tells us about real people, real places, and our real Savior, Jesus."

Read slowly:

"For we have not followed cunningly devised fables" - 2 Peter 1:16, KJV

Explain: "A fable is a pretend story. Peter says the good news about Jesus is not a pretend story. Jesus is real. Jesus really came. Jesus really saves His people."

Repeat-after-me phrase: "Jesus is real. God's Word is true."

Simple Teaching

1. Jesus Is Not Pretend

Teacher say: "Some stories are pretend. They can be fun, but they are not real. Jesus is not like that. Jesus really lived in the world God made."

Child repeat: "Jesus is real."

2. God Tells the Truth About Jesus

Teacher say: "God gave us the Bible. The Bible tells us who Jesus is. We can trust God's Word because God never lies."

Child repeat: "God's Word is true."

3. Jesus Is the Real Savior

Teacher say: "Jesus did not only come to be known. Jesus came to save sinners. He died on the cross and rose again. He is the real Savior for His people."

Child repeat: "Jesus is the Savior."

Object Lesson

Use a family photo or classroom photo.

Say: "When I look at this picture, I remember real people. This picture is not the person, but it helps me remember someone real."

Hold up the Bible.

Say: "The Bible is much better than a picture. The Bible is God's true Word. It tells us about Jesus, who is real. Jesus lived in real places. He talked to real people. He died on a real cross. He rose again. We do not worship a pretend Savior. We worship the true Lord Jesus."

Optional action: Let each child point to the Bible and say, "True Word."

Movement Activity

Say each line and lead the motion:

- "Jesus came to the real world." Walk in place.

- "Jesus walked on real roads." Point to feet.
- "Jesus loved real children." Put hands over heart.
- "Jesus died on a real cross." Hold arms out gently.
- "Jesus rose again." Lift hands upward.
- "Jesus is the true King." Place paper crown on head or lift it up.

Repeat once with the children.

Short Story Illustration

Molly had two books. One book was full of pretend dragons and castles. It was fun, but Molly knew it was make-believe. Her other book had pictures of her family. She saw Grandma, Daddy, Mommy, and baby brother. Those were real people.

One Sunday, Molly's teacher opened the Bible and said, "This book tells us about Jesus." Molly asked, "Is Jesus pretend?" Her teacher said, "No. Jesus is real. The Bible is God's true Word. Jesus really came, really died, and really rose again."

Molly smiled and whispered, "Jesus is real. God's Word is true."

Discussion Questions

1. Is Jesus pretend or real? Expected answer: Real.
2. What book tells us the truth about Jesus? Expected answer: The Bible.
3. Does God ever lie? Expected answer: No.
4. Why did Jesus come? Expected answer: To save His people / to save sinners.
5. What can we say when we hear God's Word? Expected answer: We can trust God / God's Word is true.

Craft or Table Activity

Make a simple "Jesus Is Real" Bible bookmark.

Give each child a strip of cardstock. At the top write: "Jesus is real." In the middle, draw or paste an open Bible. At the bottom write: "God's Word is true." Let children decorate with simple crosses, hearts, roads, crowns, or light rays. Remind them: "This bookmark can help you remember that the Bible tells us the truth about Jesus."

Closing Prayer

Our Father in heaven, thank You for telling us the truth in Your Word. Thank You that Jesus is real and that He came to save His people. Help us trust Your Word, listen to Jesus, and worship Him with happy hearts. In Jesus' name, Amen.

Parent Take-Home Line

Jesus is not pretend; He really came, really lived, and really saves His people.