

Sunday School Lesson: Jesus Really Rose

Source essay: `Did Jesus Rise from the Dead\_.md`

Age: 3-6 years old

Length: 25-35 minutes

Main truth: Jesus truly rose from the dead, and that gives His people real hope.

Memory verse: "He is not here, but is risen." - Luke 24:6, KJV

Teacher's Big Idea

This essay makes the historical case for the resurrection. For little children, the lesson should be joyful and direct: the tomb is empty, Jesus is alive, and His resurrection is real good news.

Supplies

- A Bible
- An empty tomb picture
- A cross picture
- A sunshine picture
- Coloring supplies
- A stone circle cutout

Opening Question

Ask: "What would you say if a sad story suddenly became happy?"

Let children answer. Then say: "Today we will learn this truth: Jesus truly rose from the dead, and that gives His people real hope."

Bible Time

Hold up the Bible and say: "God's Word tells us the truth about Jesus and His saving work."

"He is not here, but is risen." - Luke 24:6, KJV

Explain: "Jesus truly rose from the dead, and that gives His people real hope."

Repeat-after-me phrase:

"Jesus is alive."

Simple Teaching

1. Jesus Died for Sinners

Teacher say: "Jesus really died on the cross."

Child repeat: "Jesus died for us."

2. The Tomb Was Empty

Teacher say: "Jesus did not stay in the grave."

Child repeat: "The tomb is empty."

3. Jesus Is Alive

Teacher say: "The risen Jesus gives hope to His people."

Child repeat: "Jesus is alive."

Object Lesson

Show the cross picture and then the empty tomb picture.

Move a paper stone away from the tomb opening and say: "The tomb was empty because Jesus rose."

Hold up the sunshine picture and say: "That is why the gospel is such good news."

Movement Activity

- "Jesus died for us." Make a gentle cross with arms.
- "The tomb is empty." Open hands wide.
- "Jesus is alive." Lift hands upward.
- "Praise the risen Lord." Smile and clap softly.
- "Trust Jesus." Place hands on heart.

Repeat once with the children.

Short Story Illustration

Mason looked sad when one of his storybooks ended with everything going wrong.

Then his mother read another story where the ending turned from sadness to joy.

At church Mason heard the best true story of all. Jesus died, the tomb was empty, and Jesus is alive forever.

Discussion Questions

1. What is the main truth today?

Expected answer: Jesus truly rose from the dead, and that gives His people real hope.

2. What should we remember?

Expected answer: Jesus is alive.

3. Who helps God's people?

Expected answer: Jesus.

4. Is God's Word true?

Expected answer: Yes.

5. What should we do?

Expected answer: Trust and obey the Lord.

Craft or Table Activity

Make a simple paper tomb with a rolled-away stone and write: "Jesus is alive."

Closing Prayer

Our Father in heaven, thank You for Your true Word and for the Lord Jesus Christ. Help us believe Your promises, love what is true, and walk in faith and obedience. In Jesus' name, Amen.

Parent Take-Home Line

Jesus truly rose from the dead, and His resurrection gives real hope.